

ANMF NEWSFLASH

Endoscopy Unit Members

Paid Tea Break Action Commences Thursday 1 October

Following an endorsed petition by Australian Nursing and Midwifery Federation Tasmanian Branch (ANMF) members, Endoscopy Unit members will commence industrial action from **Thursday 1 October 2026**, in the form of taking **2 x 10-minute paid tea breaks per day**.

What members need to do

- **Commencing Thursday 1 October:** Take your two 10-minute paid tea breaks each day.
- **Morning huddle:** Ensure your team is notified of the action during your morning huddle.
- **Keep to agreed break times:** Members are reminded to be vigilant in ensuring breaks are kept to the agreed 10-minute duration. This will help avoid unnecessary scrutiny of the action.

Your action, your workplace, your voice!

This action has been voted on by ANMF members, and its success is in your hands. By standing together and participating in the action, members are taking an important step towards achieving change in their workplace and ensuring their voices are heard.

Please see the signed petition here: <https://anmftas.org.au/pdf/RHHEndoscopyPetitonSignatures.pdf>

Have questions? Please speak with your ANMF workplace delegate.

ANMF – Stronger Together.



If you have any further questions or concerns, please contact ANMF Member Support on **(03) 6223 6777**.

The ANMF Tasmanian Branch is 8000 plus members strong! Supporting nurses, midwives, and care workers as the only union in Tasmania employing nurses, midwives and care workers to represent members. This is why our Organisers and Member Support Team are uniquely positioned to understand your experiences, represent you in your workplace, and offer industrial advice that's relevant to you.

Authorised by Emily Shepherd, ANMF Tasmanian Branch Secretary
6 October 2026