

# CPD CALENDAR

## July - December 2019



### UPCOMING CPD AT A GLANCE

We understand the importance of having access to quality education. As such, the Australian Nursing and Midwifery Federation Tasmanian Branch (ANMF) together with our Health Education and Research Centre (HERC), are pleased to announce the Continuing Professional Development (CPD) program for 2019.

The healthcare sector is constantly changing, and in order to ensure patient safety and quality care, we must be familiar with current evidence based research and practice recommendations. Because of this, the ANMF and HERC are committed to providing Tasmanian nurses, midwives and care workers with access to a calendar of quality professional development options.

In conjunction with our Federal ANMF colleagues, we have all of your CPD needs covered. Whether you prefer face to face workshops, or online sessions, we provide access to both.



Online CPD is available at any time for ANMF members.  
Simply visit: [anmf.org.au/pages/online-education-programs](https://anmf.org.au/pages/online-education-programs)



Face-to-face practical sessions are offered across the state by the Tasmanian branch. You will find key dates and session descriptions in this document.

#### JULY

- **Transition to Practice**

#### AUGUST

- **Haematology / Oncology**

#### SEPTEMBER

- **Venous Access and Cannulation**

#### OCTOBER

- **Cultivating Positive Culture**

- **Wound Care**

#### NOVEMBER

- **Mandatory Training**

For more information visit  
[anmftas.org.au/CPD](https://anmftas.org.au/CPD)

# Transition to Practice

FREE EVENT

Our Transition to Practice (TTP) sessions are perfect for current or graduate students looking to enter the workplace for the first time. Learn about post graduate options, resume writing, interview preparation, and more! You will even have access to great networking opportunities. Run once a year, this industry event will fill out fast. Registrations are essential!

## FD Full day

During this session you will learn more about:

- Post graduate program options
- Preparing for interviews
- Resume writing and selection criteria
- NMBA requirements
- Superannuation
- Opportunities for employment

There will also be industry professionals in attendance to help get networking opportunities started.

## 📍 Dates and location

### Hobart

**Friday 28 June**

8:45–15:00 (5 CPD hours)  
CCAMLR Research Institute,  
181 Macquarie Street, Hobart

### Launceston

**Friday 5 July**

8:45–15:00 (5 CPD hours)  
Launceston Conference Centre,  
50 Glen Dhu Street, Launceston

## Cost

### Students and Graduates

Free

# Haematology / Oncology

This full day session provides a comprehensive overview of the underlying pathophysiology of cancer cells, the specific blood and organ systems affected by cancers, and the associated treatment modalities. Increase your skills and knowledge on providing quality care to patients undergoing chemotherapy, radiation therapy or immunotherapy and the palliative care required.

## FD Full day

Learn underlying pathophysiology of both solid and haematological cancers as well as different treatment modalities. Gain an understanding of chemotherapy and radiation therapy treatments for supporting patients and caregivers, as well as ways of managing ongoing side effects of the disease process and treatment modalities from a nursing perspective. Participants will also learn hints for caring for a patient receiving therapy, as well as a guide to palliative management for a patient with terminal cancer.

## 📍 Dates and location

### ANMF/HERC Launceston

**Friday 9 August**

9:00–16:00 (6 CPD hours)

### ANMF/HERC Hobart

**Thursday 15 August**

9:00–16:00 (6 CPD hours)

## Cost

### Members

\$150

### Non-Members

\$230

### Students

\$130

# Venous Access and Cannulation

This workshop explores the underpinning theory and techniques of venous access and cannulation. From here participants will have practical time to learn about the appropriate techniques for phlebotomy and cannulation, best practice, and available devices. During this session, participants will work on simulated arms. This is a hands on session for participating attendees.

## AM Morning

In this half day session participants will be reviewing back to basics knowledge on the venous system and vein selection for cannulation. Learn the theory of phlebotomy and related essential knowledge, the theory of cannulation, best practice techniques, and device selection.

## 📍 Dates and location

### ANMF/HERC Launceston

**Thursday 12 September**

9:30–12:30 (3 CPD hours)

### ANMF/HERC Hobart

**Thursday 19 September**

9:30–12:30 (3 CPD hours)

## Cost

### Members

\$100

### Non-Members

\$130

### Students

\$70

## Cultivating Positive Culture

This evening session is designed to support all levels of the nursing and midwifery community by providing practical ways of communicating to enhance collaboration with colleagues and better support patients. This workshop offers a unique perspective on managing your performance as an individual and understanding the way in which this can positively impact on your workplace and self.

### ES Evening

If you work in healthcare and are a leader in your field, we highly recommend you consider this session. Throughout the evening session we will explore the communication methods available to individuals in the workplace. We will look at the best options for meeting the needs of management, colleagues and patients, in a fast-paced environment. We will also look at how to deal with difficult conversations, as well as the importance, and application of self care.

### 📍 Dates and location

#### ANMF/HERC Launceston

Thursday 3 October

16:00–18:30 (2.5 CPD hours)

#### ANMF/HERC Hobart

Monday 21 October

16:00–18:30 (2.5 CPD hours)

### Cost

#### Members

\$85

#### Non-Members

\$120

#### Students

\$65

## Wound Care

Workshops for healthcare professionals treating patients with wounds.

### AM Morning

This is a re-introduction to anatomy and physiology of the skin, the healing process, pressure areas, and wound management. The National Safety and Quality Health Service standards for patient care and requirements, will also be discussed.

### PM Afternoon

This is an advanced session suited to nurses experienced in wound management who are looking to explore current products and clinical reasoning behind them. A clinical expert on complex wounds and issues associated with dressing types, best practice standards and techniques will be speaking on the day.

### FD Full day

Select a session that suits your experience, or attend the full day for an in depth experience.

### 📍 Dates and location

#### ANMF/HERC Launceston

Friday 4 October

AM: 9:30–12:30 (3 CPD hours)

PM: 13:00–16:00 (3 CPD hours)

FULL DAY: 9:30–16:00 (6 CPD hours)

#### ANMF/HERC Hobart

Thursday 10 October

AM: 9:30–12:30 (3 CPD hours)

PM: 13:00–16:00 (3 CPD hours)

FULL DAY: 9:30–16:00 (6 CPD hours)

### Cost

#### Members

AM or PM: \$90 / Full day: \$140

#### Non-Members

AM or PM: \$120 / Full day: \$220

#### Students

AM or PM: \$70 / Full day: \$120

## Mandatory Training

This full day session is focused on core nursing practices. Participants will learn the mandatory training requirements expected by the healthcare industry. Topics covered and skills that will be assessed on the day include:

- Hand hygiene
- Aseptic technique
- Medication management
- Basic life support
- Fire and emergency awareness

### FD Full day

This study day will allow participants to complete the basic mandatory training requirements needed to work in the healthcare industry. In the morning we will focus on the five moments of hand hygiene, along with theory based learning on the concept of aseptic technique and safe manual handling principles. In the afternoon we will move onto practical activities involving medication management and basic life support, with an assessment of both.

### 📍 Dates and location

#### ANMF/HERC Launceston

Tuesday 5 November

9:00–16:00 (6 CPD hours)

#### ANMF/HERC Hobart

Thursday 14 November

9:00–16:00 (6 CPD hours)

### Cost

#### Members

\$140

#### Non-Members

\$220

#### Students

\$120

## More information

### Session format

FD

#### Full day

These are full day sessions usually running from 9:00–16:00.

ES

#### Evening

These are after work sessions usually run between 16:00–18:30.

AM

#### Morning

These are generally back to basics sessions for those looking for a general overview on the subject.

PM

#### Afternoon

These are generally advanced sessions designed for those with a working knowledge of the subject.

#### Combined AM and PM

Where listed, you may attend the AM or PM session, or for a reduced rate, attend both for a full day of CPD training.

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### Locations

#### Hobart

##### ANMF/HERC Training Room

Level 4, 182 Macquarie Street  
Hobart, Tasmania

#### Launceston

##### ANMF/HERC Training Room

19 Brisbane Street  
Launceston, Tasmania

### How to book

#### Online

[anmftas.org.au/cpd](http://anmftas.org.au/cpd)

#### Phone

For group bookings and further enquiries contact us on (03) 6223 6777 or 1800 001 241 if outside the Hobart area.

### Bulk discounts

Groups of 5 or more - **10% discount**

Groups of 10 or more - **20% discount**

Bulk discounts are only available when booking via phone and not available online.

### Policies

You must pre register to attend workshops and payment must be made at the time of registration.

In the event that you need to cancel a booked CPD workshop, the following refund policy applies if cancellation occurs:

**30 days or more:** 100% money back.

**Less than 30 days but more than 7 days:** a credit for the full amount will be issued.

**Less than 7 days:** no refund or credit will be offered.

In the unlikely event that ANMF/HERC cancel a workshop due to extenuating circumstances any fees paid will be refunded.

### Did you know online CPD is available for ANMF Tasmanian members?

**ANMF in conjunction with our Federal Branch offer members, easy to access online CPD training.**

### What is on offer?

Access best practice information on a number of topics, as well as specialised areas of practice. New training modules are regularly added, with the new topics being derived directly from member requests.

### How do I access it?

To view available sessions visit: [anmftas.org.au/cpd](http://anmftas.org.au/cpd) and follow the link to ANMF online education programs.

*This document is correct at the time of print: June, 2019. Dates, times and locations may change at the discretion of ANMF and HERC. Check [anmftas.org.au/cpd](http://anmftas.org.au/cpd) for up to date information and online registration.*

For more information visit  
[anmftas.org.au/CPD](http://anmftas.org.au/CPD)

**HERC**  
QUALITY EDUCATION  
FOR THE HEALTH PROFESSIONS

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