5 May 2022

## **Recognising International Day of the Midwife**

The Australian Nursing and Midwifery Federation Tasmanian Branch (ANMF) is celebrating the work of our passionate and committed midwives this International Day of the Midwife.

This is a globally recognised day in which to acknowledge the significant contribution midwives make to the profession, as well as the many women and families whose lives they touch.

"Today is a special day, it is a day to acknowledge and give thanks to the midwives in our community who ensure the safety and well-being of pregnant women, their babies, and their family 24/7," said ANMF Tasmanian Branch Secretary, Emily Shepherd.

Midwives play a pivotal role in supporting women and their families during an extremely emotional time, whether this be during the ante-natal period, childbirth, or post-natal period. They are highly skilled professionals who can go from birthing, to providing advice on breastfeeding, immunisations, family planning and managing a range of complications that require immediate and swift action.

"The positive impact that midwives have on the health outcomes of mothers, babies and families cannot be over stated. This year's theme for International Day of the Midwife is 100 Years of Progress.

"Each and every midwife is a leader in their own right. They lead in the quality care provision they provide, and they lead the way in a profession that is continually evolving and innovatively meeting the needs of pregnant women across Tasmania," said Emily Shepherd.

The ANMF will be handing out chocolates at wards across the state today to thank our midwifery members for their tireless and incredibly valued work.

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